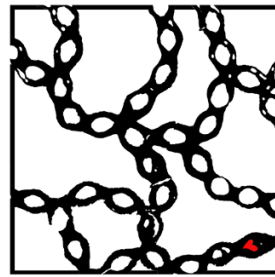




Lifelong  
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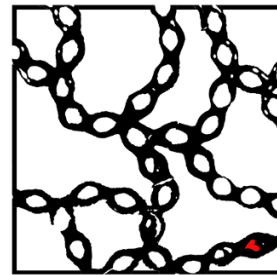
## Overview of best practices

In the Lifelong Learning Programme *GRUNDTVIG* project  
“LANEFIES – best practice network for Education for  
Sustainable Development”

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”



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## Overview of best practices

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Compiled by: Natural History Museum Support Society (Latvia, Riga),  
and HARED NPO, Centre for Training and Development (Estonia)

2015

## Introduction

Four organizations dealing with education for adults from Estonia, Finland, Netherlands and Latvia planned a partnership to exchange experience in Education for Sustainable Development (ESD) field focused on approaches for elderly people, +50, especially with lower income and/or with other native mother tongues). This approach is in line with the UNECE (United Nations Economic Commission for Europe) Strategy for ESD. The UNCEC Strategy’s overall objective is to equip people with knowledge of and skills in sustainable development, making them more competent and confident while at the same time increasing their opportunities for leading healthy and productive lifestyles in harmony with nature and with concern for social values, gender equity and cultural diversity (see [www.unece.org/env/esd.html](http://www.unece.org/env/esd.html)).

Planned partnership was supported by EU Lifelong Learning Programme, therefore *Grundtvig* project “LANEFIES - best practice network for Education for Sustainable Development” started in August, 2013 and different activities was carried out in the frames of it – networking, study visits, evaluation of methods presented by each country, local seminars and discussions for disseminating this experience.

As planned, overview of good practices exchanged and evaluated as most powerful, fruitful, creative is compiled to share it with ESD professionals and trainers/ teachers dealing with elderly people, +50, especially with lower income and/or with other native mother tongues.

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”



Staff meeting for planning the course of the project in Saaremaa, Estonia, October 2013

## CONTENTS

### Good practices

We discussed and evaluated best practices during study visits. Using the feedback method developed by our Finnish partners, we chose three of the best practice examples from each partner country to present in this report.

This overview contains different examples of sustainable solutions, including school organization, local municipality management, NGO activities and private initiatives. These inspired our project participants to implement similar practices in our own countries when training people in the sustainable development field. Our target group was people from the 50+ age group with lower income or with native languages that differ from the official language in the respective countries.

The best practices listed here were selected from a number of possible examples.

The project has led to several follow-up activities including visit to the Netherlands by a group of headmasters of minority language schools in Estonia - with workshops in several languages at once; the Helsinki Re-use Centre management visiting the Netherlands on a fact-finding mission regarding recycling textile fibres and how to use novel digital means to showcase goods in recycle stores, and Dutch headmasters visiting Finland to learn about best practices in the highly regarded Finnish Education System.

## Best practice examples from the Netherlands

<p><b>1. Presented example</b></p>	<p>Planning of City Houten</p>
<p>The City of Houten is famous for its sustainable transportation and energy network. The community came together to developed a holistic system incorporating facilities for cyclists, a re-routing of traffic and sustainable energy production. The city’s goal is to be energy neutral in 50 years and sustainability is a priority. There are rules that gives priority on the road for cyclists, that makes cycling much safe and even small children go to kindergarten by bike. With car one can reach every place in the city, but there is a need to take circle road that encircles the city. This has reduced car use and also CO<sub>2</sub> production. Crucially, this change isn’t pushed by the city government, but the community, including people from all age groups and income levels. They are organized in utilizing solar energy, windmills, biogas, an electric truck charging network, and many other smaller cogs in the holistic transportation scheme. This has led to Houten becoming a centre of urban growth and exemplifies excellently how a new city can be developed incorporating significant facilities for cyclists. This is on top of a community effort to plan a number of green areas through and around the city.</p>	
<p><b>Target groups of presented example</b></p>	<p>People of 50+ years of age                  People with minority languages as their mother tongue                  People with risk of social exclusion                  Example deals with all the inhabitants of the town</p>
<p><b>The specific needs of the target group taken into account</b></p>	<p>By incorporating the interests of the entire community, the city was made calm, quiet, safe for cyclists and an excellent place to live for people in all ages. Therefore living and acting in one`s daily life in such sustainable town allows everyone to acquire the knowledge and values necessary to shape a sustainable future.</p>
<p><b>Comments</b></p>	<p>Educational idea: “Cars are our visitors”                  Project team has impression as visiting big park or village because of so less traffic noise and so wide green areas.</p>
<p><b>Links</b></p>	<p><a href="https://www.houten.nl/burgers/verkeer-en-vervoer/fietsen1/cycling1/">https://www.houten.nl/burgers/verkeer-en-vervoer/fietsen1/cycling1/</a></p>

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”



Our group cycling in Houten. Photo by Georg Aher



The group photo taken during the study visit to the Netherlands. Photo by Georg Aher.

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”

<p><b>2. Presented example</b></p>	<p>Kringloop Reuse centre in Houten and Repair cafe</p>
	<p>Kringloop Reuse Centre collect, sort, repair and resell discarded products, extending the useful lives of a wide range of products. Types of goods include clothing, appliances, furniture, kitchenware, books, records, and bicycles. This is a social enterprise dealing with involving immigrants, people not speaking state language, unemployed people and people with disabilities. Reuse Centre house is one of the places where Repair Café takes place once in two weeks on Saturdays. Everybody can come and bring domestic electronic staff to get fixed. Fixing is done by volunteers, there are about 10 volunteers at the same time and they use their own equipment. Coordinators of the Repair Café works to organize and motivate people participate in these cosy, creative and environment friendly activities. Now there are about 200 Repair Cafes all over Holland.</p>
<p><b>Target groups of presented example</b></p>	<p>People of 50+ years of age          People with minority languages as their mother tongue          People with risk of social exclusion          People with disabilities</p>
<p><b>The specific needs of the target group taken into account</b></p>	<p>Kringloop Reuse Centre (situated in passive house, made from as reused and environment friendly materials as possible) works on motivation of the people with risk of social exclusion. To support learning language there are “language rules” between employees of the Reuse Centre. Administration gives input to find appropriate duty for every employee. Repair Café is opened for people of every age, every social group. This is environment friendly movement that gives knowledge and understanding about living more environment friendly lifestyle in very opened way – as café.</p>
<p><b>Comments</b></p>	<p>Combining things – café + repairing, waste management + social functions gives very good educational results.</p>
<p><b>Links</b></p>	<p><a href="http://ec.europa.eu/environment/waste/prevention/pdf/Kringloop%20Reuse%20Centres_Factsheet.pdf">http://ec.europa.eu/environment/waste/prevention/pdf/Kringloop%20Reuse%20Centres_Factsheet.pdf</a>  <a href="http://www.repaircafehouten.nl/">http://www.repaircafehouten.nl/</a></p>

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”



Kringloop Reuse Centre. Photo by Tuovi Kurttio.



Repair café in Kringloop Reuse Centre. Photo by Georg Aher



Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”

<b>3. Presented example</b>	Power Factory (Krachtfabriek) in Houten
	<p>Power Factory (Krachtfabriek) is a community and a meeting point for people who want to work but who doesn't have a job / employment. Founders of the Power Factory felt the need of such place of giving and getting. Now this is a place for everyone who wants to contribute, to communicate, to get support emotionally and professionally, coaching. Power Factory gives input as motivator and coach of unemployed people. Everyone (unemployed, elder people, etc.) can give some course, lesson or do some work for others.</p>
<b>Target groups of presented example</b>	<p>People of 50+ years of age          People with minority languages as their mother tongue          People with risk of social exclusion</p>
<b>The specific needs of the target group taken into account</b>	<p>There are no restrictions to come and participate to Power Factory (Krachtfabriek). Immigrants, people from different social groups, elder people can find way to contribute for others, to give and to get support, language skills, some courses and very supportive atmosphere. With everybody who comes first time, people from organization sits down to have a talk. Individually, respectively and towards communication.</p>
<b>Comments</b>	<p>Respect and cooperation, the goal is to find one`s strengths and to support each other.</p>
<b>Links</b>	<p><a href="http://www.dekrachtfabriek.nu/">http://www.dekrachtfabriek.nu/</a></p>

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”



In The KrachtFabriek. Photo by Ville Heinilä.

## Best practice examples from Latvia

<p><b>4. Presented example</b></p>	<p>Master craftsman - carpenter Iğurds Baņķis and his private school – carpenter workroom “Zelļi”</p>
	<p>Master craftsman - carpenter Iğurds Baņķis work exceeds the frames of ordinary carpenter. He has built lot of attractive wooden wheels, even wooden train (this was diploma work of three Iğurd`s students), his farmstead “Kauliņi” is one of the most beautiful farmsteads in Latvia and he does great work with students in school – carpenter workroom “Zelļi” he founded - he is teacher for youth, young boys, but some girls, too. What makes this school and him as teacher admirable – he works with youth from families with social exclusion, too, as sometimes these young people do not manage to study in other schools. Studying in this school allows everyone to acquire the knowledge and values necessary not only for the craft work, but to shape a sustainable future.</p>
<p><b>Target groups of presented example</b></p>	<p>People with minority languages as their mother tongue People with risk of social exclusion</p>
<p><b>The specific needs of the target group taken into account</b></p>	<p>School – carpenter workroom “Zelļi” offers great possibility for young people who has difficulties to integrate in ordinary schools, sometimes even in society. The leader of the school made simple, but effective model - youth learn to get certain level of carpenter craft and get involved in fruitful work and can contribute to others. Even more – school gives understanding of values necessary for every person to act environmentally friendly and with responsibility to environment.</p>
<p><b>Comments</b></p>	<p>Charisma and energy of the Master Craftsman Iğurds Baņķis gave a lot to all the group visiting his farmstead and workroom “Zelļi”.</p>
<p><b>Links</b></p>	<p><a href="http://www.talsitourism.lv/en/where-to-go/kultura-un-tradicijas/craftsmen/igurds-bankis-farmstead-kaulini/">http://www.talsitourism.lv/en/where-to-go/kultura-un-tradicijas/craftsmen/igurds-bankis-farmstead-kaulini/</a> <a href="http://meistarsigurds.lv/meistardarbnica/igurds-bankis/">http://meistarsigurds.lv/meistardarbnica/igurds-bankis/</a></p>

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”



Master craftsman - carpenter Iğurds Baņķis and our group. Photo by Georg Aher.

<p><b>5. Presented example</b></p>	<p>Valdemarpils High school working with integration of Roma children</p>
	<p>Valdemarpils High school is one of the schools in Latvia dealing with inclusion of Roma children in the system of education and therefore integration of Roma community in society. There are several Roma children even in every class of the school and teachers work not only to teach children but to support and integrate Roma families in the society including elder people. Children in this case makes connection between family and society therefore helping to gain understanding in both sides and involvement in common cultural, social and economic actions. Further goal of the work done by the school administration deals with decreasing discrimination and raising self-respect on Roma people.</p>
<p><b>Target groups of presented example</b></p>	<p>People of 50+ years of age                  People with minority languages as their mother tongue                  People with risk of social exclusion</p>

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”

<b>The specific needs of the target group taken into account</b>	Involving Roma children in schools gives opportunity to raise understanding in society about Roma people and possibilities to children and even all the Roma family to integrate in society.
<b>Comments</b>	Because the Roma people lives separate lives from other society schools has very important role in integration process of them.



Listening to the teacher of Valdempils High school. Photo by Georg Aher.

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”

<p><b>6. Presented example</b></p>	<p>Open-Air Art Museum at Pedvale</p>
	<p>The Open-Air Art Museum at Pedvale was opened by sculptor Ojars Arvids Feldbergs in 1991 and is now a State Historical Monument. Its 100 hectares are covered with tilled fields, blooming meadows, gentle slopes and deep ravines, rolling hills, a winding river, forests with birds and wildlife. It is an ideal place in which creative professionals — sculptors, painters, printmakers, installation and performance artists — are free to express themselves. The museum conceptually integrates the artistic and cultural heritage and the natural setting into a unified whole. The requirement for participating artists is that they incorporate their works into the unique settings of the natural environment. Artists working at the museum are encouraged to draw their inspiration from nature and to use local materials. The simple, rustic setting that is available to the artists and visitors is comprised of a small hotel, a restaurant, a conference hall, and picnic areas. As result of space and environment given for art is wide area – opened for society - giving lot of impressions and impulses towards understanding and feeling an environment. Place suitable for walks, events, joy and meditation speaks to everyone in language of art.</p>
<p><b>Target groups of presented example</b></p>	<p>People of 50+ years of age                  People with minority languages as their mother tongue                  People with risk of social exclusion</p>
<p><b>The specific needs of the target group taken into account</b></p>	<p>Because of the unique management of so wide area given for art, place suits for different events and excursions for different age and social groups. The main teacher and inspiratory here are nature felt and accompanied by works of art.</p>
<p><b>Links</b></p>	<p><a href="http://www.pedvale.lv/?l=1">http://www.pedvale.lv/?l=1</a></p>

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”



Open-Air Art Museum at Pedvale. Photo by Georg Aher.

## Best practice examples from Estonia

<p><b>7. Presented example</b></p>	<p>Rõuge Municipality - local authorities, youth centre, kinder garden, school, energy trail, the voluntary fire department - democratic values in management</p>
	<p>Rõuge municipality is an excellent example of a community with shared values where everyone works together to develop their municipality. Even though many municipalities have great schools, kindergartens, local authorities, the hospital and perhaps even a voluntary fire service, visiting Rõuge gives the impression that of all these local “centres” and the people working truly support each other. Furthermore, there’s a deep understanding of democratic decision making processes, so everyone has a voice with which to improve this place, this environment. Many great things comes out of it – the LANEFIES group met the current young and enthusiastic Head of the local authority who previously was President of the Youth centre. He represented the governing principle that all age groups need to be included in local management. This has led to many families with children moving to Rõuge because of the excellent school, kindergarten and growing possibilities for all family members to enjoy sports and rest. Most importantly, elderly people receive great support from the local municipality to run their own community and activities, for which they appeared to very grateful.</p>
<p><b>Target groups of presented example</b></p>	<p>People of 50+ years of age                  People with minority languages as their native language                  People with risk of social exclusion</p>
<p><b>The specific needs of the target group taken into account</b></p>	<p>This is an excellent example of inclusive management principles where the interests and concerns of all stakeholders are taken into account. People feel support, share values and therefore can welcome a common future.</p>
<p><b>Comments</b></p>	<p>Shared democratic values</p>
<p><b>Links</b></p>	<p><a href="http://rouge.kovtp.ee/web/eng/general-information">http://rouge.kovtp.ee/web/eng/general-information</a>  <a href="http://sustainablemountains.epu.ntua.gr/SustainableCommunities/Community4Estonia.aspx">http://sustainablemountains.epu.ntua.gr/SustainableCommunities/Community4Estonia.aspx</a></p>



Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”



The Mayor of Rõuge Rural Municipality. Photo by Inita Daniele.

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”



Introduction of Ööbikuuru Centre - place for environmental information and possibility for local entrepreneurs to sell their handicraft. Photos by Inita Daniele.

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”

<b>8. Presented example</b>	Taarapõllu Farm – family enterprise in Võru County
	<p>Taarapõllu Farm is a well known certified organic producer and processor of fruits, berries and vegetables. The owner started the business after retirement and is a suitable role model for all elderly people trying to find employment. The farm is famous in Estonia as most of their products consist of only locally grown organic fruits and vegetables. Sometimes they add a pinch of sugar, but never use any other additives in our products. Taarapõllu Farm products are therefore suitable for young children and everyone who cares about their health and locally grown food. The products has EU ecolabel and is very popular among tourists as an example of Estonian food and culture.</p>
<b>Target groups of presented example</b>	<p>People of 50+ years of age          People with minority languages as their mother tongue</p>
<b>The specific needs of the target group taken into account</b>	<p>Starting and running a business after retirement, using local produce and sustainable methods in an economically underachieving region (Southeast Estonia, Võru County). Taarapõllu Talu is a good role model for all of society and has a significant impact on social and daily life in its community.</p>
<b>Comments</b>	<p>From growing local berries and fruits to running a successful and sustainable enterprise.</p>
<b>Links</b>	<p><a href="http://www.taarapollu.ee/en/">http://www.taarapollu.ee/en/</a></p>

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”



Taarapõllu talu and their production. Photos by Inita Daniele.

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”

<b>9. Presented example</b>	<a href="#">Rexest Grupp – Estonian enterprise recycling light plastic packaging and producing plastic construction materials - PlastRex</a>
	<p>The Rexest Group provided an excellent example of how a small community in an underachieving region can be brought together to implement an idea from sustainable development such that it invigorates the community and includes members from all ages, backgrounds and income levels. The idea is to reduce light plastic waste, to recycle that which is difficult to recycle such as plastic bags and other sorted package waste. The annual production volume (recycling mixed plastic waste) has already grown to about 2,400 tons, but they aim to grown much larger. Rexest Grupp produces different plastic profiles for building fences, desks, stable walls, facilities for gardens. The reasons why plastic is difficult to recycle using conventional methods makes it an excellent choice for outdoor construction – it’s water and climate resistant, pliable (similar to wood), 100% recyclable, non-toxic, and not slippery even in wet conditions. Plastrex is an innovative material with the properties and application opportunities which help to replace wood.</p>
<b>Target groups of presented example</b>	<p>People of 50+ years of age          People with minority languages as their mother tongue          People with risk of social exclusion</p>
<b>The specific needs of the target group taken into account</b>	<p>The sustainable development company provides activities and jobs for all members of the local community, while the profile of the enterprise and products they are producing makes this a great example where environmental friendly activity is a business and product itself educate society and promote sorting waste, recycling and acting environmentally friendly. Besides enterprise organizes collection of plastic waste in public places and therefore educates society about waste sorting and recycling.</p>
<b>Links</b>	<a href="http://plastrex.eu/">http://plastrex.eu/</a>

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”



Rexest Group Factory and their production, made from soft plastics – plastrex. Photos by Inita Daniele.

## Best practice examples from Finland

<b>10. Presented example</b>	Helsinki Metropolitan Area Reuse Centre
	<p>Helsinki Metropolitan Area Reuse Centre is a non-profit organization working with environmental and social issues - services for gathering different usable items, sorting, repairing, donating and selling them in reuse shops, teaching and training people with disabilities, long term unemployed people, people learning Finnish language and other people with risk of social exclusion. Money from selling goods goes to educational programmes, courses for schools, enterprises, teachers etc. Lot of specific offers has been created in the Reuse Centre – schools and kinder gardens can come for handicraft materials for free; plan B - unique line of products made of reused materials in the Centre; volunteer work in the Centre – one can teach Finnish, work with sorting materials, lead some workshop, different actions to get people involved in recycling etc.</p>
<b>Target groups of presented example</b>	<p>People of 50+ years of age</p> <p>People with minority languages as their mother tongue</p> <p>People with risk of social exclusion</p>
<b>The specific needs of the target group taken into account</b>	<p>With so wide activities involving people in action for the benefit for environment, dealing with social issues, and Helsinki Metropolitan Area Reuse Centre is excellent example combining social and environmental tasks and dealing with audiences of all ages.</p>
<b>Comments</b>	<p>Respecting common values within the staff is very powerful!</p>
<b>Links</b>	<p><a href="http://www.kierratyskeskus.fi/in_english">http://www.kierratyskeskus.fi/in_english</a></p>

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”



Photos by Tuovi Kurttio



Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”

<p><b>11. Presented example</b></p>	<p>Environment department City of Lahti activities – Info centre in the shopping centre and Grandmas` / Grandpas` programme</p>
<p>Two of presented activities of the Environment department City of Lahti got great interest of the project group. They run Environmental Information Centre in the big shopping centre in the middle of the city, so every citizen and visitor of the city can easily visit it. And sometimes visitors ask about shopping centre or tourism possibilities and centre got that information too, they are very opened. But still there are lot of information, booklets, leaflets about specific environmental issues – groundwater, soil, birds, plants etc.</p> <p>School Grandma – programme for elder people to contribute for the society. Lahti started it and now they have involved 180 volunteers, 20 from them are active, attend courses and get certificates. Volunteer Grandmas and Grandpas give some lessons, tell stories, take children to the forest and share their life experience. Both sides – kinder gardens and volunteers are satisfied. Always children are accompanied by their teacher.</p>	
<p><b>Target groups of presented example</b></p>	<p>People of 50+ years of age                  People with minority languages as their mother tongue                  People with risk of social exclusion</p>
<p><b>The specific needs of the target group taken into account</b></p>	<p>Placement and opened manner of the management of this Information centre makes it very effective tool for environmental communication for all the target groups, even elder people and people with risk of social exclusion.</p> <p>School Grandma programme gives great opportunity for elder people to participate in social life and this is great communication tool for municipality to reach elder people.</p>
<p><b>Comments</b></p>	<p>These two great examples for reaching not so easy reachable audiences for education for sustainable development can be transformed to other cities, places etc.</p>

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”



Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”



Workshop in Lahti. Photos by Kati Hinkkanen.

<p><b>12. Presented example</b></p>	<p>Nature House Villa Elfvik</p>
<p>Nature House Villa Elfvik offers not only nature programmes for children and teachers as other nature schools does, but takes part in local policy making processes and organizes activities for elder people and youth with risk of social exclusion. Work done by administration of this Nature House gives excellent example how to work not only with pupils and families in the nature education field, but involve youth, people with low income and elder people. Active participation in local environment policy making gives lot more respect from society to Nature House Willa Elfvik. Elder people visit the place regularly, once a week to share memories, participate in different hobby clubs etc. Youth are involved in hobby clubs and events about the nature themes. Nature House will start School Grandmas programme as Lahti region already does.</p>	
<p>People of 50+ years of age</p>	

Overview of good practices in the Lifelong Learning Programme *Grundtvig* project “LANEFIES – best practice network for Education for Sustainable Development”

<b>Target groups of presented example</b>	People with risk of social exclusion
<b>The specific needs of the target group taken into account</b>	Joining elder people in hobby clubs and sharing memories with them is very effective way to communicate with them, School Grandmas` program allows elder people to give their attention, knowledge and experience to children therefore they can contribute.
<b>Links</b>	<a href="http://www.espoo.fi/en-US/Housing_and_environment/Environment_and_nature/Environmental_Awareness/Nature_House_Villa_Elfvik">http://www.espoo.fi/en-US/Housing_and_environment/Environment_and_nature/Environmental_Awareness/Nature_House_Villa_Elfvik</a>



Photo by Tuovi Kurttio

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Photo by Tuovi Kurttio